

2022 Employee Fitness Participation

“Healthy Incentives Program” HIP

The City of Denton “Healthy Incentives Program” (HIP) for employees seeks to promote wellness and healthy lifestyles. Employees who meet the requirements qualify for a premium differential. For the 2023 program year, 941 employees met the requirements and will receive the premium differential.

The City of Denton will continue to offer the “Healthy Incentives Program” for employees for the 2023. The requirements for the 2023 HIP will not change from last year:

1. The employee MUST complete the voluntary annual health assessment or “AHA”, which includes fasting blood draw and questionnaire, at the City of Denton Employee Health Center.
2. Complete a follow-up appointment with a Health Care Provider to review AHA results.

The 2023 premium differential is \$20 per pay period/\$480 annual.

Parks and Recreation Fitness Membership

For 2022, 405 employees took advantage of the free fitness membership and discounted rates for fitness classes.

11/23/22, 12:56 PM	Rec1 - Denton Parks and Rec	Run On 11/23/2022 12:56 PM
		Run By Nikki Sassenus
		From 01/01/2022 12:00 AM
		To 11/23/2022 12:00 AM
		Sessions Multiple (9)
Active Membership Summary		
Employee Gym Membership		
Session	Membership Count	
One Month + Group Exercise	1	
One Year	361	
One Year + Group Exercise	2	
RETIREE- One Year	18	
Three Month	21	
Three Month + Group Exercise	2	
	405	
Totals for Active Membership Summary	405	